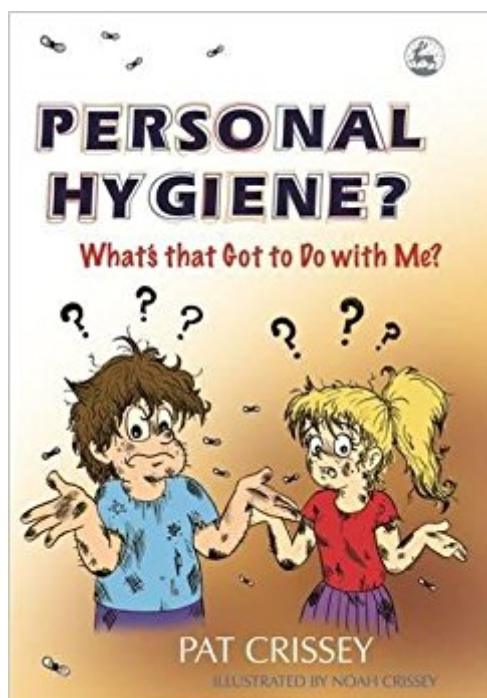


The book was found

# Personal Hygiene? What's That Got To Do With Me?



## Synopsis

Personal Hygiene? What's that Got to Do with Me? is a curriculum developed for students with autism, Asperger's Syndrome, learning and developmental disabilities, designed to help them understand how others perceive their appearance and the social implications of neglecting personal hygiene. Simple factual information is accompanied by humorous cartoons that emphasize how others view someone with poor hygiene. Step-by-step cartoons explain exactly what the student needs to do to ensure good hygiene. Quizzes and activity pages provide numerous opportunities for repetition and reinforcement of the key points. There are also hands-on activities to demonstrate why and how to perform various hygiene tasks. Several social stories are also provided, along with a set of worksheets that help students set up a daily schedule to allow time for completing necessary hygiene tasks.

## Book Information

Paperback: 96 pages

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Average Customer Review: 4.5 out of 5 stars 14 customer reviews

Best Sellers Rank: #162,008 in Books (See Top 100 in Books) #4 in [Books > Teens >](#)

[Personal Health > Personal Hygiene](#) #12 in [Books > Teens > Social Issues > Special Needs](#)

#175 in [Books > Health, Fitness & Dieting > Children's Health > Autism & Asperger's Syndrome](#)

## Customer Reviews

'This small paperback book is really an excellent tool, not just with people on the spectrum, but with school-aged children in general. The points are clear, simple and comprehensive. The illustrations are priceless. The suggestions for demonstrations of hygiene topics are excellent.'-The MAAP'Personal Hygiene? What's that Got to Do with Me? can be used by educators, therapists and parents. This interactive curriculum involves the child and makes the concept of personal hygiene understandable and meaningful. The book teaches essential hygiene skills and creates habits and routines for a lifetime of good health.'- Autism Awareness Centre Inc.

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Great book for parents or teachers to use with kids to train them to have good hygiene habits. I bought this as a training aid for my 11 yr. Old twin grandchildren that are Autistic. It takes longer with them, but this will help.

Used as part of a PD (professional development) as a health teacher and it was well received . Nice approach with great visuals.

I teach high school students on the Autism Spectrum and this has been a great resource for my class. I bought a class set for each student and have found this very helpful for them. The book speaks their language and has a variety of ways to get the point across. It has vocab, stories, charts, and experiments to help drive home the point. The kids also enjoy the cartoons to look at while reading. I highly recommend this to any teacher who has been struggling to find ways to get the importance of personal hygiene across.

This book is a great starting point for having conversations about puberty and hygiene. I think it will be the basis for a few social stories to make with the "kid" in the house. It could be more detailed, but the Q & A section at the end of each topic is very detailed.

I work with moderately special needs children and this has been helpful with definitions, short sections, and simple text that they, with some help, can read.

Perfect book to work on with my students with disabilities. I teach middle school, so hygiene is an ongoing issue and I love that this book has worksheets that go along with each topic.

Easy to read text and comprehension questions allowed me to use this book with my students as an

additional resource while teaching them personal hygiene

Amazing book great for teaching daily living skills!!

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